



Past Training Offerings

A Brief Introduction to Motivational Interviewing and the OARS Skills with Youth • September 21st, 2022

Motivational interviewing is an important professional skill to master. Being able to help people find the motivation to make a positive behavior change can assist each individual client and their needs. This training provided professionals a safe and supportive environment to learn and practice what motivational interviewing means, what it looks like while working with clients, and the expertise to apply it to their professional careers.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Mirror, Mirror on the Wall, Who is the Most Biased of Them All? • June 2nd, 2022

Professionals that work with individuals with different cultural and social identities are responsible for being knowledgeable about ways that their personal identities can impact their professional roles. This training provided participants to review and acknowledge their personal and professional values and beliefs and identify ways their biases impact their daily professional decision making. Ethical considerations were introduced.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Caring for Self: Your Ethical Responsibility • April 19, 2022

This training provided an overview on burnout and vicarious trauma, both of which are recognized as occupational hazards for those in helping professions. Participants gained an increased understanding of the biology of stress and vicarious trauma and their impact on service delivery. Proactive and reactive opportunities to restore well being were explored.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Understanding the Dynamics of Labor and Sex Trafficking of Minors and Young Persons in the US • March 10, 2022

This training provided an overview of human trafficking and its impact on minors and young people. Participants learned about the industries and networks where minors are likely to be trafficked, as well as the recruitment tactics and vulnerabilities that traffickers utilize and exploit. This interactive session also included case studies to provide participants with opportunities to determine how they could effectively serve and respond to potential cases of human trafficking.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Engagement: The Foundation for Effective Services • November 17, 2021

This training covered how engagement with youth and families is a critical part of delivering effective services. The facilitator discussed how to support participants in the ongoing process of engagement and consider trauma-informed culturally responsive practices and strategies to implement. Participants left the training having learned to identify stages of service delivery, how to describe engagement as a skill for service delivery, and how methods for engagement can be used with families and youth receiving services from juvenile justice programs.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Best Practices for System Care Services to LGBT+ Youth • September 30, 2021

This workshop raised awareness and provided examples of clinical tools for supporting LGBT+ youth across various systems of care, with an emphasis on improving outcomes for overall mental wellness for clients/patients. Time was taken to highlight barriers to quality care within youth-serving agencies, major psychosocial stressors, and protective and resilience factors for LGBT+ youth (teens and emerging adults). Recommendations for culturally responsive strategies were offered and discussed.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Fostering Identity Development and Resilience in Youth • June 22, 2021

Lived experiences and losses often create ambiguity and uncertainty leading to grief, loss of self-esteem, and personal challenges. Participants in this skills-building training explored and identified opportunities to foster youth identity and resilience. Focused attention was paid to 'trends' in identity formation, including substance use and social media. Challenges and opportunities for vulnerable youth, including those that have experienced trauma, foster and adopted youth, those raised by caregivers struggling with substance use disorder, mental illness, were explored.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

A Brief Introduction to Motivational Interviewing and the OARS Skills with Youth •
May 25, 2021

Motivational Interviewing is an evidence-based and client-centered directive communication style that aims to elicit a client's own motivation for change by paying detailed attention to client language. Nuanced clinician responses to this language evoke the language of change from clients in an atmosphere of compassion and self-efficacy. Participants were introduced to the basic OARS skills of open-ended questions, affirmations, reflections, and summaries.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Introduction to Collaborative and Restorative Conflict Management with Youth • March
25, 2021

Nearly every clinical social worker, regardless of whether they work in a hospital, school, or residential facility, will deal in conflict resolution at one point during their career. A proven technique, restorative conflict management is a critical skill to gain and maintain as a social worker. This training explored the restorative conflict management approach to working with youth.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Ethics and Telehealth: Working with Youth • February 3, 2021

Ethics and legal mandates are more than guiding principles; they serve as the foundation for practice. This seminar provided an overview of the Code of Ethics and laws. At the same time, it also explored the many slippery slopes often present when working with youth, including boundaries and dual roles, social engagement, use of media, confidentiality, etc. Focused attention was given to the changes in the Code of Ethics (2017) and use of telehealth. A model to guide decision-making was explored.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Working with Justice-Impacted Youth: Building Cultural Competencies Through a Trauma Lens • June 26 and 27, 2020

This was a two-day, in-depth training for professionals and students hoping to work more effectively with justice-impacted youth. We discussed successful strategies for youth engagement, heard directly from adults who had been impacted by the system as youth, and provided participants with an opportunity to learn from, and problem-solve with, local experts.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Using Gender-Based Licensing Variance Requests to Support Transgender and Gender Non-Conforming Youth • April 24, 2020

This webinar training was for juvenile justice and child welfare workers involved in youth placement decision-making and provided specific instruction on the background and use of the gender-based license variance. The training provided a brief introduction to SOGIE terminology, outlined the needs of LGBTQ+ youth, as well as the process for submitting a variance request to house youth in juvenile justice and child welfare settings according to their gender identity to support youth safety and well-being.

Hosted by MCYJ, in partnership with Ruth Ellis Center, Michigan Department of Health and Human Services (MDHSS) Division of Child Welfare Licensing, and Shannan Wilber of National Center for Lesbian Rights (NCLR). [A recording of this training is available here.](#)

Working Effectively with Formerly Incarcerated People: Understanding Trauma and Addressing Barriers • June 20 and 21, 2019

This training was held for social workers, clinicians, case managers, practitioners and anyone else who wanted to learn how to work more effectively with formerly incarcerated adults.

Hosted by MCYJ and the ACLU-MI, in partnership with the National Association of Social Workers.

Working with Justice-Impacted LGBTQ+ People • March 14 and 15, 2019

This was a two-day, in-depth training for practitioners who wanted to learn how to work more effectively with LGBTQ+ people who have been affected by the juvenile and/or criminal justice systems. We explored challenges, clinical implications, heard directly from impacted people, and provided attendees with an opportunity to learn from, and problem-solve with, local experts.

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